

NAACP ILLINOIS STATE CONFERENCE

P.O. Box 20384, Springfield, IL 62708

www.illinoisnaacp.org



March 14, 2020

Dear NAACP,

NAACP Leadership & Membership because we sincerely care about you and our communities, we are canceling ALL meetings and activities for the remainder of the month of March and for all of April 2020. This decision is effective immediately. Of course, we will continue to communicate electronically, as warranted.

Please communicate this message to your committee members immediately, as we will prudently "walk by faith" and do our part to make certain we do not contribute to Coronavirus pandemic.

We must take the recent developments relating to coronavirus (COVID-19 very seriously!

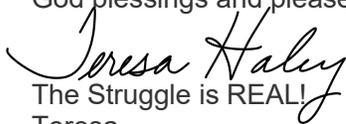
The **Centers for Disease Control (CDC)** and The **World Health Organization** have published advice to help prevent the spread of respiratory illnesses like coronavirus and influenza. The recommendations include:

- Stay informed. Daily updates are added to the CDC website at www.cdc.gov.
- Stay home if you are sick.
- Wash your hands often with soap and water for no less than 20 seconds. If you use an alcohol-based hand sanitizer, make sure it contains a minimum of 60% alcohol in its list of ingredients. (*Clean hands after touching elevator buttons, grocery carts, public door handles, gas pump handles, etc.*)
- Avoid putting your hands in your mouth or rubbing your eyes with unwashed hands.
- Use tissues when you sneeze or cough, and immediately discard the tissue. If you don't have any tissue, sneeze or cough into your flexed elbow.
- Do not have close contact with others who have flu-like symptoms.
- Disinfect objects and surfaces regularly as viruses survive on objects and surfaces for hours and days.

Find more tips on emergency wellness preparedness at www.ready.gov.

Remember, the best way to prevent illness is to limit exposure to this virus. If you are experiencing symptoms such as fever, cough, and shortness of breath please seek medical attention and refrain from participating in activities of any kind!

God blessings and please remain safe!


The Struggle is REAL!
Teresa